Mental Health Support

Davao Oriental State University (DOrSU) strengthens mental health and psychological well-being through accessible psychosocial support services and suicide prevention initiatives. Through DOrSU-CARES, the University provides emotional and psychological assistance to students, faculty, and staff affected by disasters and other distressing situations. Meanwhile, its Office of Student Counseling and Development (OSCD) conducts capacity-building activities, such as the RACE Against Suicide training, to equip members of the university community with the skills to recognize suicide risks and provide appropriate initial support. These initiatives demonstrate DOrSU's commitment to promoting mental health awareness, strengthening suicide prevention, and fostering a resilient and supportive university community.

DOrSU-CARES Extends Mental Health and Emotional Support to Earthquake-Affected University Community



Davao Oriental State University (DOrSU), through its Counseling Alliance for Resilient Education and Support (DOrSU-CARES), made mental health and emotional support services accessible to students, faculty, and staff affected by the series of earthquakes and aftershocks in the province.

The initiative provided access to psychological and emotional support for members of the university community experiencing distress, anxiety, or trauma following the disaster. Through dedicated support hotlines, DOrSU-CARES ensured that individuals could reach out for assistance and guidance when needed.

Through this initiative, DOrSU strengthens its institutional mental health support system, promotes psychological resilience, and provides accessible psychosocial assistance during emergencies and disaster-related situations.

Source:
https://www.facebook.com/photo/?fbid=1130450075903835&set=a.503957585219757

DOrSU Conducts RACE Against Suicide Training to Strengthen Campus Suicide Prevention



Davao Oriental State University (DOrSU), through its Office of Student Counseling and Development (OSCD), conducted the RACE Against Suicide: A Gatekeeper's Training for Suicide Prevention on September 17–19, 2025. The three-day training brought together faculty members from various academic departments, administrative and academic staff from the main and extension campuses, and student leaders.

Facilitated by Jean J. Dela Cruz, LPT, RGC, the training equipped participants with knowledge and practical skills to recognize suicide risk, provide initial support, and apply appropriate intervention strategies. Through this initiative, DOrSU strengthens its campus-based suicide prevention efforts and empowers members of the university community to become mental health advocates and proactive support providers.

Source:
https://www.facebook.com/OSCD.DOrSU/posts/pfbid0382M1ZD9VwtNf9jLrnLodKqgdF3nGpcWyMGaSHnArnyDwdZn5Bn4F6PFS83zk3sMnl