Health Outreach Programmes

Davao Oriental State University (DOrSU) demonstrates its commitment to community health and well-being through various outreach programmes, psychosocial support initiatives, and partnerships with government agencies, healthcare institutions, and non-government organizations. These initiatives include suicide prevention and mental health awareness training, psychological first aid for earthquake-affected communities, free psychological consultations for women affected by violence, and psychosocial support programmes for vulnerable populations. Through these efforts, DOrSU extends professional services beyond the University, strengthens community capacity to address mental health concerns, and supports the recovery and well-being of individuals and communities.

DOrSU wraps up coffee project assessment, brings holiday cheer to quake-hit farmer-beneficiaries



Davao Oriental State University (DOrSU), in partnership with the National Service Training Program (NSTP), conducted a three-day monitoring and evaluation visit on December 12–14, 2025, for its community-based coffee initiative in Sitio Matabang, Taocanga, Manay. The activity formed part of its extension program, "Empowering Indigenous Communities through Regenerative Agriculture, Biodiversity, and Culture."

The monitoring assessed coffee plantation development, documented field progress, and identified the additional support needed by farmer-beneficiaries. The initiative builds on the University's ceremonial planting of 30,000 coffee seedlings in January 2025, aimed at improving household income while promoting regenerative agricultural practices and biodiversity conservation.

Through continued monitoring, farmer support, and community partnerships, DOrSU promotes sustainable agriculture, strengthens local livelihoods, and contributes to food security and community resilience.

Source: https://dorsu.edu.ph/dorsu-wraps-up-coffee-project-assessment-brings-holiday-cheer-to-quake-hit-farmer-beneficiaries/

RACE Against Suicide Training 2025

Davao Oriental State University (DOrSU), through its Office of Student Counseling and Development (OSCD), conducted the three-day RACE Against Suicide: A Gatekeeper's Training for Suicide Prevention on September 17–19, 2025. The training brought together faculty members, administrative and academic staff, extension campus personnel, and student leaders to strengthen awareness and capacity in suicide prevention.



Facilitated by Jean J. Dela Cruz, LPT, RGC, the program equipped participants with skills to recognize suicide risk, provide initial support, and implement appropriate intervention strategies. Through this initiative, DOrSU strengthens its mental health advocacy and promotes a compassionate, responsive, and supportive environment for the university community.

Source:
https://www.facebook.com/OSCD.DOrSU/posts/pfbid038Nf29Vgyb4DYJrJFzy71dafnuMxfMJjudW9tHGC7yr43v9sHYDZGtjmBYyrM216jl

DOrSU-CARES Conducts Back-to-Back Outreach in Manay and Caraga

Davao Oriental State University (DOrSU), through its Counseling Alliance for Resilient Education and Support (DOrSU-CARES), conducted Mental Health and Psychosocial Support (MHPSS) activities in Manay and Caraga, Davao Oriental, in October 2025 to assist communities affected by the recent earthquakes.

The initiative provided Psychological First Aid (PFA), psychoeducation, stress management, and coping strategies to teachers, parents, and learners of Ronquillo-Dayanghirang Elementary

School, Caraga National High School, and Caraga Central Elementary School. The activities reached 28 teachers, 67 pupils, and 29 parents in Manay, and 95 teachers in Caraga.

Through these outreach activities, DOrSU strengthens community mental health support, promotes psychological resilience, and helps disaster-affected communities recover from emotional distress.



Source:
https://www.facebook.com/dorsuofficial/posts/pfbid0rKkedphvUQaoV5GUMKdpM8aoG7EQME8S3XWCLYdZvi2fGiuBGKpvjsHHBpinASHjl

DOrSU Rolls Out Psychosocial Support Program Backed by ABS-CBN Foundation



Davao Oriental State University (DOrSU), with funding support from the ABS-CBN Foundation and in partnership with the Diocese of Mati – Commission on Health, launched the Kalig-On Mental Health and Psychosocial Support (MHPSS) Program on November 28, 2025, to assist

healthcare workers affected by the recent doublet earthquake in Davao Oriental. The initiative provides structured debriefing sessions, culturally grounded self-care practices, and capacity-building

activities to address the emotional and physical strain experienced by frontline medical personnel. Led by Dr. Rose Anelyn V. Ceniza, the program promotes evidence-based and culturally responsive psychosocial interventions to support the recovery and well-being of healthcare workers. The initiative reinforces DOrSU's commitment to responsive community service and providing psychosocial support to frontline workers, particularly during disasters and emergencies.

Source: https://dorsu.edu.ph/%f0%9d%90%83%f0%9d%90%8e%f0%9d%90%ab%f0%9d%90%92%f0%9d%90%94-%f0%9d%90%91%f0%9d%90%a8%f0%9d%90%a5%f0%9d%90%a5%f0%9d%90%ac-%f0%9d%90%8e%f0%9d%90%ae%f0%9d%90%ad-%f0%9d%90%8f%f0%9d%90%ac%f0%9d%90%b2

DOrSU Faculty Offers Free Psychological Consultation for Women



Davao Oriental State University (DOrSU), through its faculty member and clinical psychologist, Dr. Rose Anelyn V. Ceniza, supported victims and survivors of violence against women and children (VAWC) by providing free psychological consultations and counseling during the National Women's Month 2025 wellness and self-care event held on March 10 at Sambuokan Hall, Mati City.

Organized by the City Government of Mati through the City Social Welfare and Development Office (CSWDO), the initiative integrated mental health support with free legal counseling, medical checkups, and self-care services. Dr. Ceniza's participation helped provide professional psychological assistance to individuals affected by abuse, violence, and trauma, supporting their recovery and well-being.

Through its faculty expertise and continuing mental health advocacy, DOrSU contributes to accessible psychosocial support for vulnerable populations and strengthens collaboration with local government in addressing the needs of VAWC survivors.

Source: https://dorsu.edu.ph/dorsu-faculty-offers-free-psychological-consultation-for-women/

DOrSU Psych Program Joins PHO, Doctors Without Borders in Delivering Psychological First Aid to Earthquake-Affected Communities

Davao Oriental State University (DOrSU), through its Bachelor of Science in Psychology program, strengthens community mental health and well-being through its collaboration with the Provincial Health Office (PHO) and Doctors Without Borders in providing Mental Health and Psychosocial Support Services (MHPSS) to residents affected by the series of earthquakes in Davao Oriental.

In partnership with the PHO's Selah: The Davao Oriental Mental Wellness Hub, DOrSU Psychology faculty members joined MHPSS teams in conducting Psychological First Aid (PFA) sessions for patients, watchers, and referred individuals in hospitals and evacuation centers. These interventions aim to help earthquake-affected individuals manage stress, anxiety, and emotional distress.

Furthermore, DOrSU, through Dr. Rose Anelyn V. Ceniza and the Selah MHPSS Team, partnered with Doctors Without Borders to extend psychosocial support to the municipalities of Baganga, Cateel, Banaybanay, Governor Generoso, and San Isidro. Since October 13, the team has also conducted capacity-building sessions for Barangay Health Workers, teachers, and youth leaders, equipping them with the knowledge and skills to provide Psychological First Aid within their respective communities.



Through these initiatives, DOrSU demonstrates its commitment to promoting mental health, strengthening community-based psychosocial support, and ensuring access to essential mental health services, particularly for vulnerable populations affected by disasters.

Source:
https://www.facebook.com/dorsuofficial/posts/pfbid0iBJwBr5nWHWYsbii2phd775aqQN6kYURkGZXi7CMpkkPqNYxkga6LSvqryvo5FQel